

**Exploring the theory that
problem drug and alcohol
use cannot be treated in
isolation**

No Brainer

Equinox

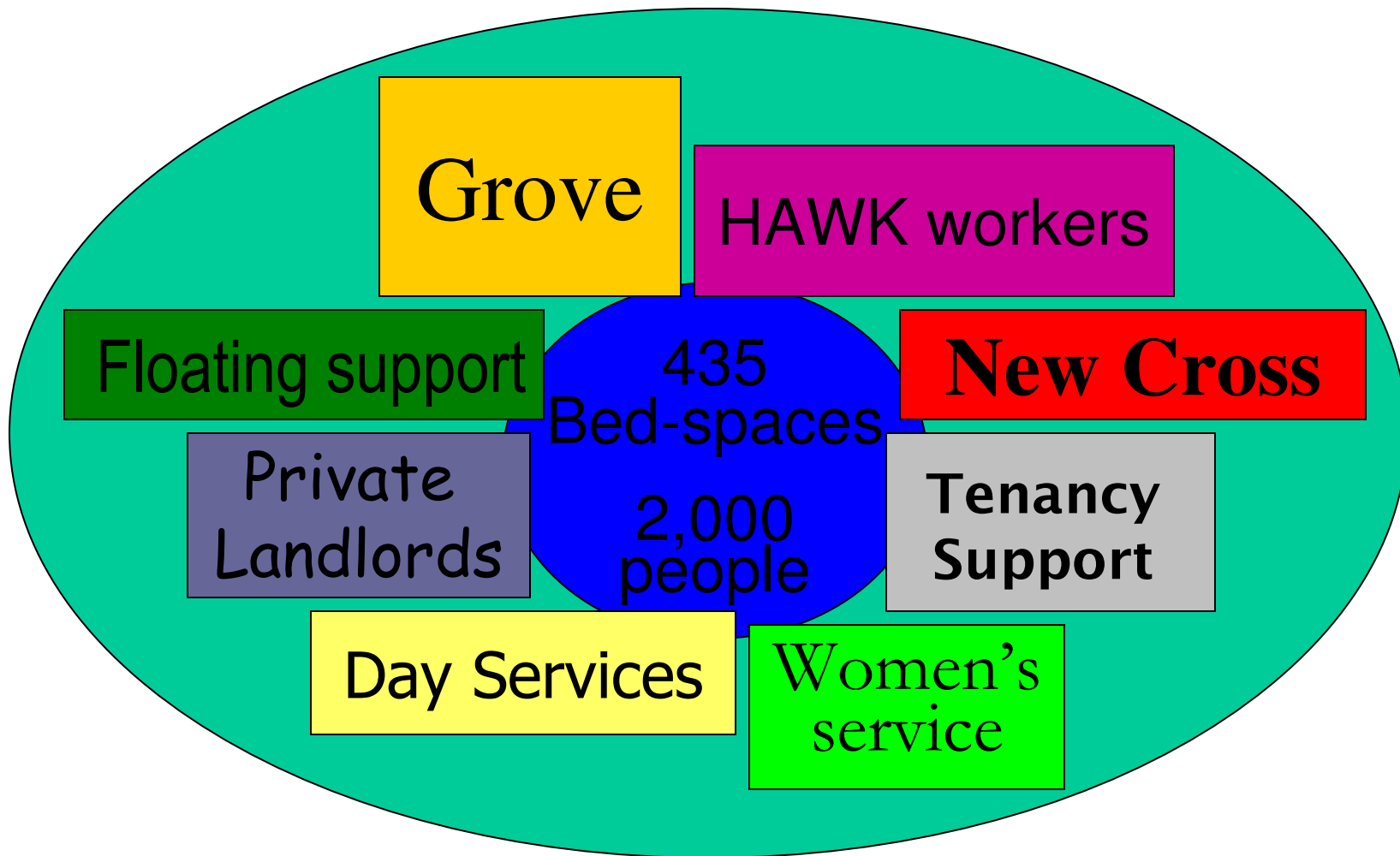
Complex Needs

Complex needs is a framework for understanding multiple interlocking needs that span health and social issues. People with complex needs may have to negotiate a number of different issues in their life, for example, learning disability, mental health problems, substance abuse. They may also also be living in deprived circumstances and lack access to stabilise housing and meaningful daily activity. Rank J & Regan S (2004)

Complex Needs

- Mental health needs
- Crime
- Homeless
- Violence/Abuse
- Physical health
- Age

Our Services



Our Approach

- ❑ Client Centred Approach
- ❑ CBT, Motivational, Task Centred
- ❑ Support plans – soft targets
- ❑ Harm reduction
- ❑ Rewards
- ❑ Links

Wider Context

- Protocols
- Partnership
- Accommodation
- CPA
- Social services
- No specialist funding

Challenges

- Targets
- Competitive environment
- The nature of SUs' needs
- Assessment skills
- Partnership
- Funding

Best Practice

- Address 'whole person' needs
- Integrated assessments
- Work to soft targets
- Develop more partnerships*
- Maximising involvement*
- Wider vision*

Alcohol & Drug Strategies

